



#### SHELIVESFEARLESS **Readings & Reflections** The 7 I AM Statements of Jesus

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His writing emphasizes the identity of Jesus as the son of God, not merely as the Messiah.

The more we discover about who He is, the more we will discover who we truly are. In Jesus we find clear statements of Truth that declare His identity and shape ours.

## EASTER READINGS March 2024

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7 I AM READINGS

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# HOW TO USE THIS GUIDE



In this 7 Day reading we'll explore the 7 I AM statements of Jesus in the book of John. Of all the New Testament books, the Gospel of John most clearly teaches the divinity of Christ. John emphasizes Jesus's identity as the Son of God and His invitation for us to respond in faith.

Read the daily verses and use the daily reflection guide in your prayer time to ask the Lord what he wants to show you.

Join us as we respond to Jesus's invitation to know him and be known by him!

Devotional responses and further dialogue can be found on the blog and podcast at shelivesfearless.com

Holly (Newton She Lives Fearless Founder

#### I AM The Bread of Life John 6:35, 41, 48, 51

"I am the bread of life, Jesus told them. "No one who comes to me will ever be hungry, and no one who believes in me will ever be thirsty again." John 6:35

Christ offers and sustains spiritual life. He's the one our soul's appetite truly craves. Everything but God will eventually be found insufficient to meet the needs of the soul.

### **REFLECT:**

What will lead to an allsatisfying life with God and other people from an eternal perspective?

Is there an area you're tempted to momentarily satisfy an appetite?

### I AM The Light Of The World John 8:12

Jesus spoke to them again: "I am the light of the world. Anyone who follows me will never walk in the darkness but will have the light of life." John 8:12

Jesus is the Son of God who declared God's Word and carried it out.

### **REFLECT:**

Where do you need the truth of God's presence in Jesus to bring you hope?



### I AM The Gate For The Sheep John 10:7-9

Jesus said again, "Truly I tell you, I am the gate for the sheep. All who came before me are thieves and robbers, but the sheep didn't listen to them, I am the gate. If anyone enters by me, he will be saved and will come in and have come so that they may have life and have it in abundance." John 10:7-9

Jesus is the gate through which every person could be saved, He is the only way to salvation. He protects his followers as shepherds protect their flocks from predators.

### **REFLECT:**

Jesus says he came so we might enjoy life and have it in abundance. How does John 10:7-10 give us confidence in this promise?

### I AM The Good Shepherd John 10:11, 14

"I am the good shepherd. The good shepherd lays down his life for the sheep." John 10:11

It's the instinctive his voice and are his voice. Jesus is the good shepherd, committed to caring and watching over

### **REFLECT:**

What can you do this week to deepen your ability to hear God's voice more clearly? (hint: prayer, scripture)

### I AM The Resurrection And The Life John 11:25

Jesus said to her, "I am the resurrection and the life. The one who believes in me, even if he dies, will live." John 11:25

Death is not the final word for those in Christ. Because He rose, we can experience the fullness of life on earth and eternal life with Him in heaven.

### **REFLECT:**

What does the empty tomb mean to you?

How might Jesus' promise of life speak into spaces where you feel drained or lifeless?

### I AM The Way The Truth And The Life John 14:6

Jesus told him, "I am the way, the truth, and the life. No one comes to the Father except through me." John 14:6

Jesus is the source of all truth and knowledge about God. He satisfies our longing for what's real.

### **REFLECT:**

What areas do you feel most lost or uncertain?

How might understanding Jesus as "the way" change your approach to these challenges?

### I AM The True Vine John 15:1-5

"I am the true vine, and my Father is the gardener." John 15:1

By attaching ourselves to Christ, we enable His life to flow in and a branch produces fruit because of its connection to the vine, so a disciple produces good works because of his or her connection to Jesus. It's not doing good works for Jesus, rather it's Jesus doing His

### **REFLECT:**

What does remaining connected to Jesus mean for your marriage, children, relationships, finances, your community?

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